

Stay active,
Join the fun!



Box 1768
Canora, SK.
S0A 0L0
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2020-21 Registration Form

Name: _____ Age: _____

Address: _____ Postal Code: _____

Phone #: _____ Home Mobile

Email: _____

I am registering: as an individual a team of four

Skill level: Beginner Casual Experienced Competitive

If the club offered a free "introduction to curling" session would you be interested?: Yes No

Note: The Canora Curling Club has a variety of sliders, brooms, and delivery sticks available for beginners who do not have their own equipment. All that beginners need is comfortable clothing and clean shoes suitable for on-ice activities. Protective head gear is optional and not required. Also, if you have limited ability to slide deliver a rock, no problem, as the club offers delivery sticks that allow you to deliver great shots standing up. Many of our members use them as they are quite popular and a great way to stay active!

I am interested in the following weekly activity(s):

- Afternoon drop-in curling (Mondays, Tuesdays & Thursdays 1- 3 pm)
- Youth curling (Wednesdays 6:30 pm) **\$75**
- Open recreational league play (Thursdays 7:00 pm) **\$100 /person or \$400/team**

I am interested in the following bonspiel(s): **Dates to be determined.**

- Christmas (Dec 26-28) Seniors Town & Country Ladies
- Mens Stick (Feb 15) Mixed Wind-up

The curling club offers a variety services including food service, a licenced lounge with T.V.s, event and private function services, etc.

Digital copies of this form can be found at canora.com

For general inquiries, sponsorship, and event planning call Bob (306) 563-7793

Please mail or email registration back to by November 15th, 2020

Please visit www.curlsask.ca for up to date return-to-curling Covid-19 guidelines

Great Reasons to Try the Sport of Curling

Why should you take up curling? People who curl seem to share a certain fun-loving attitude toward this winter pastime. Even at national and world championships, players in the middle of a high-stakes game have been known to share a few laughs. (Imagine seeing that at a hockey or football game!) Here are some of the best reasons to curl:

- You can play at any age.
- Both sexes can play. (And curling with your significant other can be a lot of fun!)
- The rules are easy to learn.
- You don't have to pay a lot to play.
- Curling is good for your physical and mental health.
- Curling is wheelchair accessible.

Curling Game Basics For Beginners

Throwing rocks: Each player on the team throws two stones in each end. (An end is similar to an inning in baseball.) Each team throws 8 stones in an end. The players alternate throwing with their *opposite number*, the player on the other team who plays the same position they do.

Curling rocks: When you throw a rock down the ice, depending on its rotation (which is applied intentionally) it will *curl*, or *bend*, one way or another. How much (or little) a rock curls or bends, depends largely on the conditions of the playing surface.

Sweeping: Sweeping makes a rock curl less and travel farther. The lead, second, and third all take turns sweeping the rocks. The skip, who is like the team's quarterback, is the only one who doesn't regularly sweep stones.

Keeping score: Once all 16 rocks have been thrown down the narrow *sheet* of ice, the score for that end is counted based on the final positions of the stones in the *house*, (the group of circles on the ice that looks like a bull's eye). Only one team can score in an end. A team scores one point for every rock that it has closer to the center of the house than the other team.

Strategy: Generally, the skip determines a rink's strategy. During the game, the skip stands at one end of the sheet and tells his or her other three players where they should place their shots. A team's strategy doesn't always go according to plan! And that's part of what makes curling so much fun. No two games are alike; the unpredictability is always appealing.

Waiver

Falling on the ice may result in injury. Wearing of appropriate footwear and protective gear is recommended. I waive and release any and all claims for myself, my heirs, executors and administrators against the Canora Curling Club, its agents, directors and licensees and any sponsors, officials and organizers of events in connection with any injury, illness, death, loss or damage to property, which may directly or indirectly result from my attendance at or participation in a Canora Curling Club activity.

Signature

Date

If this registration form is for someone under the age of 18 then it must be signed by that person's parent or legal guardian.

Print name

Date

Signature

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